



	Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast: Selection of cereals, toast, fruit and yoghurt	Breakfast: Selection of cereals, toast, fruit and yoghurt	Breakfast: Selection of cereals, toast, fruit and yoghurt	Breakfast: Selection of cereals, toast, fruit and yoghurt	Breakfast: Selection of cereals, toast, fruit and yoghurt
Week 1	<p>Bananas</p> <p>Gammon, new potatoes and peas Eton mess</p> <p>Pitta and dip</p> <p>Pizza baguettes with pepper sticks Mini roll</p>	<p>Biscuit</p> <p>Chicken korma with rice and naan bread Sponge and custard</p> <p>Apple</p> <p>Chicken nuggets with waffles and peas Ice cream cones</p>	<p>Cucumber sticks</p> <p>Lasagne and garlic bread Yoghurt</p> <p>Rice cakes</p> <p>Jacket potato with 3 bean chilli and soured cream Gingerbread Person</p>	<p>Cheese twists</p> <p>Shepherd's Pie with peas and sweetcorn Mandarins in orange jelly</p> <p>Orange</p> <p>Spaghetti hoops on toast Flapjack</p>	<p>Pears</p> <p>Beef and potato pie with mushy peas Watermelon cubes and yoghurt</p> <p>Breadsticks and dip</p> <p>Crumpets with beans Marshmallow teacake</p>
Week 2	<p>Breadsticks and dip</p> <p>Sausage casserole with mashed potatoes and green beans Peaches and cream</p> <p>Pears</p> <p>Fish fingers with new potatoes and sweetcorn Rice crispy cake</p>	<p>Cucumber sticks</p> <p>Chilli con carne with brown rice and tortilla chips Meringue and berries</p> <p>Rice cakes</p> <p>Jacket potato with beans and cheese Cherry cookie</p>	<p>Cheese twists</p> <p>Beef stroganoff and rice Bananas and custard</p> <p>Orange</p> <p>Crumpets with spaghetti hoops Rocky road</p>	<p>Bananas</p> <p>Chicken tikka with rice and naan bread Lemon loaf cake</p> <p>Biscuit</p> <p>Sandwiches with cucumber sticks and crisps Fairy Cake</p>	<p>Pitta and dip</p> <p>Meatballs in tomato sauce with spaghetti Jelly and cream</p> <p>Apple</p> <p>Crispy chicken wrap with lettuce and cucumber Sultana and apple square</p>
Week 3	<p>Cucumber sticks</p> <p>Spaghetti bolognese with garlic bread Strawberry mousse</p> <p>Rice cakes</p> <p>Beans on toast Granola slice</p>	<p>Pitta and dip</p> <p>Fish cakes with new potatoes and peas Fruit flan</p> <p>Orange</p> <p>Pastry parcels with spaghetti hoops Swiss roll</p>	<p>Apple</p> <p>Chicken and leek pie with green beans Fruit cocktail</p> <p>Biscuits</p> <p>Macaroni cheese and garden peas Chocolate drizzled shortbread</p>	<p>Breadsticks and dip</p> <p>Cottage pie with peas and sweetcorn Angel delight</p> <p>Pears</p> <p>Sausage rolls with beans Puff pastry apple square</p>	<p>Bananas</p> <p>Sweet and sour chicken with noodles and prawn crackers Scone with jam</p> <p>Cheese twists</p> <p>Bagels with cream cheese and cucumber rounds Fruit muffin</p>

All meals are subject to change depending on availability of ingredients, substituted items on shopping deliveries and special celebrations such as Christmas or Chinese New Year